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# ABSTRACT

A sheet having a defined pattern of reduced strength, allowing separation along said defined pattern, said pattern defining an insert for a CD-ROM jewel case, preferably being a letter size paper sheet, comprising a pair of said defined patterns each being an identical and symmetrically arranged rectangular perforation pattern having dimensions of about 150mm by 117.5mm, having a pair of scored folding lines to provide three regions of each defined pattern, two lateral regions each being about 6mm wide by 117.5mm long and bounded interiorly by one of said folding lines and a central region being about 138mm by 117.5mm and being bounded by both of said folding lines. Also provided is a sheet having a defined pattern of reduced strength, allowing separation along said defined pattern, said pattern defining a booklet for a CD-ROM jewel case, which preferably includes a centered rectangular perforation pattern having dimensions of about 119.5mm wide by 241mm long, having a scored folding line to provide two regions each being about 119.5mm wide by 120.5mm long.